

Title:

Birth Control: An Overview

Word Count:

513

Summary:

This article is about the different birth control types. The article gives a brief overview of

Keywords:

birth control types

Article Body:

We live in a more sexually permissive world, and with that liberty came a rise in the number of

The hormonal method

This contraceptive method aims to prevent pregnancy by means of regulating the production of w

The barrier method

This birth control method works by forming a protective barrier against sperm. The barrier met

Withdrawal

It is a popular birth control method for people who engage in sexual activities unprepared. In

Natural methods

This birth control method requires no drugs or chemicals, making it side effect-free. It works

Sexual Outercourse

Simply put, this method only discourages penetrative sex like anal and vaginal intercourse. Th

Abstinence

This method requires a person or a couple to refrain from engaging in any kind of sexual activ

It is important to understand that with the exception of abstinence and sexual outercourse, th

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