

Title:

Birth Control and Weight Gain: Truth or Myth?

Word Count:

609

Summary:

There are a lot of myths about birth control and weight gain. Scientific researches have thus

Keywords:

birth control and weight gain

Article Body:

Is there really a connection between birth control and weight gain? In one recent survey, 50%

Researchers have found it difficult to prove a connection between birth control and weight gain

Another study found no difference between women who took hormonal contraceptives and those who

The claim may have had some truth many years ago, when the pill contained high levels of estrogen

There is also another factor that has nothing to do with the pill. It is a fact that most women

Any weight gain after starting pills of more than 5% of body weight may be a signal of a woman

In most cases, unwanted weight gain associated with birth control can be prevented by paying e

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