

Title:

Blood Pressure Basics

Word Count:

404

Summary:

The blood pressure is the pressure of the blood within the arteries. It is produced primarily

Keywords:

blood pressure, low blood pressure, high blood pressure, health

Article Body:

There are no hard and fast figures which represent a normal blood pressure. And very often do

However it is usually agreed that somewhere between 110/70 and 125/80 is considered to be an a

A blood pressure of 140/90 is considered to be high, though as a person gets older, this falls

Blood doesn't circulate in an even stream around the body, but travels in a constant series of

The two blood pressure figures represent the pressures when the forces are at their peak and a

As a person gets older, and the elasticity of their arteries weakens, the figures tend to rise

Many studies looking at blood pressure in both black and white people have found there is a hi

Some people suffering high blood pressure may find they just can't pinpoint a cause for their

Nearly one in four people in the Western world have high blood pressure. Many people don't app

Guide to Blood Press

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