

Title:

Bright Lights and Jagged Lines

Word Count:

634

Summary:

Visual migraine is a nuerological condition, not an eye problem. It is a type of migraine ass

Keywords:

visual migraine, migraine remedies

Article Body:

It occurs without a warning. They look like jagged flashes of lightning bolts shimmering arou

What is Visual Migraine?

Migraine is thought to occur when dilation and constriction of the arteries in the head lead t

Visual migraine is like a temporary loss of vision associated with bright flashing lights and

More often than not, visual disturbance in visual migraine usually starts in the peripheral vi

Symptoms & Causes

Although there is no known causes of migraine, it is believe that stress can trigger migraine.

Triggers

Any stimulus that produces a reaction is called a Trigger. Many things can trigger a migraine

- caffeine (coffee, chocolate)

- monosodium glutamate ( MSG usually found in asian foods)

- nitrites (processed foods, hotdogs)

- environmental factors (weather, altitude, time zone changes)

- exposure to light (brightness, glare)

- hormonal changes (in women)

- hunger

- lack of sleep

- anxiety

- stress

- medications (over-the-counter and prescription)

- perfumes

Treatment and Remedies

Usually, this condition resolves even without treatment and many people never have another epi

In very rare situations that these symptoms continue to recur on a regular basis and interfere

There are several over-the-counter and prescription medicines that can provide migraine remedi

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>