

Title:

Bunions: The Result Of Poorly Fitted Shoes

Word Count:

518

Summary:

A bunion is a bony lump on the side of the foot at the base of the big toe. This may be an isch...

The most common cause of bunions is footwear that does not have enough width to fit the toes i...

Bunions are more common in women than men, and a tendency t...

Keywords:

bunion surgery, bunions, joint problems, footwear, arthritis, shoes

Article Body:

A bunion is a bony lump on the side of the foot at the base of the big toe. This may be an isch...

The most common cause of bunions is footwear that does not have enough width to fit the toes i...

Bunions are more common in women than men, and a tendency to get them can run in families. The...

There are very few occasions where bunion surgery is the only option. The main alternative to...

The options depend on how severe the bunion is. Using extra-wide-fitting shoes from a good- qu...

These shoes are not usually particularly fashionable, but they avoid all the risks of an opera...

Bunions do not get better without surgery. Most bunions will get worse with time. Wearing sens...

Very occasionally it can get infected and cause an ulcer. Aching in the foot is common but thi...

A variety of anaesthetic techniques are possible. Your anaesthetist will discuss the options w...

There is a wide range of different operations for bunions, depending on the size of the bunion...

It may involve other procedures to cut and realign the bones of the big toe and to tighten str...

Your surgeon will discuss with you how much surgery you will need. At the end of the operation...

Bunions are very common. For those people who are not able to cope with adapting their footwea...

Surgery is usually safe and effective. However, complications can happen. You need to know abo...

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