

Title:

Burning Limbs: The Truth About Sciatica

Word Count:

665

Summary:

Sciatica, its symptoms, causes, and treatment.

Keywords:

sciatica, chronic pain, inflammation, acupuncture

Article Body:

Have you ever felt a chronic, burning pain that spreads from your lower hip running down to your

Sciatica, as the name implies, affects the sciatic nerve. The sciatic nerve is the largest

The most common causes of sciatica are: a herniated disc, lumbar spinal stenosis, spondylosis,

Another cause can be spondylolisthesis, or more commonly known as slipped discs. It may

Lastly, spinal tumors are anomalous growths on the spine that can either be benign or malignant.

There are a lot of treatments recommended for sciatica, some non-invasive and some invasive.

Acupuncture is a form of alternative medicine that originated from China. Fine needles are

So if you have been experiencing sharp, burning pain on your lower extremities, it is likely

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