

Title:

Bust Tanning Myths And Have A Safe Tan

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735

Summary:

The custom of tanning is highly popular among western societies. Recent studies from several s

Keywords:

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Article Body:

The custom of tanning is highly popular among western societies. Recent studies from several s

Several myths are propagated in support of the case for tanning and these myths have done much

One of the common myths prevalent is the belief that tanning is healthy because it protects th

Also, it is necessary to know that sunburn is a long term effect and that it does not immediat

Many a time people make it a habit of staying out in the outdoors on a day that is cloudy unde

For many bathers at resorts by the sea side, tanning experience is continued, propped by the m

As a way out of all these contradictions, the common myth is that tanning can be kept safe and

Besides as one tends to sweat in the sun and swimming in the water tends to wear off the effec

Hence the person opting for tanning must be conscious of the hazards involved and not continue

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