

Title:

COPD: Respiratory Ailment Explained

Word Count:

615

Summary:

The article talks about the development of chronic obstructive pulmonary disease (COPD), a com

Keywords:

quit smoking

Article Body:

Cigarette smoking has been strongly linked to health conditions like heart disease and lung ca

Chronic Bronchitis

Chronic bronchitis is caused by inhaling bronchial irritants like cigarette smoke, chemical fu

Emphysema

Emphysema is a chronic respiratory disease that is characterized by the enlargement of the alve

Causes and symptoms of COPD may include the following:

Lifestyle. Cigarette smoking is by far the most important risk factor for COPD and accounts for
Age. Chronic bronchitis is more common in people over 40 years old; emphysema occurs more ofte
Socioeconomic class. COPD-related deaths are about twice as high among unskilled and semi-skil
Family clustering. It is thought that heredity predisposes people in certain families to the d
Lung infections that can either be viral or bacterial.

Treatment for COPD is dependent on the patient's condition and the severity of the disease. Wi

Rather than focusing on the cure, lifestyle changes that may prevent the development of COPD s

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