

Title:

Camaraderie: A Key To Coping With Job Stress

Word Count:

590

Summary:

Everyone knows that work stress can take a heavy toll on health. Studies have revealed that st

Keywords:

stress, anxiety, depression

Article Body:

Elle and Monique are both new in their workplace. At 26, it is only Elle's second job and fir
Both women started on the same day and after only three days, both have already realized how t

It has been almost five months now and both women are still working in the same company. Jus
Although not all company bosses welcome close relationships at work, research shows that emplo
Everyone knows that work stress can take a heavy toll on health. Studies have revealed that st
In 2002, more than 24,000 Canadian workers have been the subject of a research study conducted

Earlier research on job stress were consistent with the findings, but the Rochester scientists
^It's more than just friendship,^^ said the lead author of the study, Emma Robertson Blackmore
The data are especially significant to employers and managers who sometimes view fraternizing

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