

Title:

Care To Listen: Proper Ear Cleaning

Word Count:

632

Summary:

This article is about the ears. It discusses about the different parts of the ear and their f

Keywords:

infection, medical complications

Article Body:

The Ears

The ear is one of the body's many sensory organs. Its main purpose is to detect sound

The ear is made up of the following:

1 The outer ear. It is composed of:

\* Pinna. This is the cartilagenous external ear outside the ear canal. It reflects and

\* Auditory canal. This is the tube connecting the pinna to the middle ear.

1 The middle ear.

\* Eardrum. This is a thin membrane that seperates the external and the middle ear. It

\* Ossicles. These are the three smallest bones in the body. They are the hammer (malle

1 The inner ear.

\* Cochlea. This portion of the ear is filled with watery fluid that moves in response t

\* Vestibules. This is the central part of the inner ear. It houses sensitive accoustic

\* Semi-circular canals. It is composed of three, interconnected, half-circular tubes.

Medical Complications

Improper care of the ears may cause one to develop ear infections and medical complica

1. Otitis Externa. This infection involves the pinna and the auditory canal. Sufferers

2. Otitis Media. This affects the middle ear. In this condition, the ear is infected or

3. Otitis Interna. This condition is also called Labyrinthitis. It affects the inner ea

Ear infections may be caused by dirty water, having things stuck in the ear canal, too

Proper Ear Care

Here are useful tips for taking better care of your ears to prevent infections:

1 Take extra care in cleaning your ears. Use a washcloth or tissue to wipe the pinna dr

1 Protect yourself from illnesses. Have upper respiratory tract infections treated as t

1 Avoid exposing yourself to noise. Wear ear protection when you're required to perform

1 Protect yourself from physical trauma. Wear a helmet when engaging in any activities

1 Attend regular ear check ups with your trusted ear physician.

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