

Title:

Carpal Tunnel Syndrome: Pinched Median Nerve at the Wrist

Word Count:

889

Summary:

Carpal tunnel syndrome, a source of annoying symptoms in the wrist and hand, can be reliably d

Keywords:

carpal tunnel, pinched, median, nerve, overuse, arthritis, diabetes, hypothyroid, pregnancy, splint, sur

Article Body:

Carpal tunnel syndrome is by far the most common and widely known of the "pinched nerve" condi

Carpal tunnel syndrome refers to symptoms caused by entrapment of the median nerve in the carp

Pain, numbness, or both, are the usual earliest symptoms of carpal tunnel syndrome. Pain can a

When weakness is present, it usually indicates that the condition is already severe, and when

Carpal tunnel syndrome occurs more frequently in women than in men. People who work with their

Optimum diagnosis of this condition combines the time-honored methods of a doctor's history-ta

In nerve conduction studies, the nerve on one side of the carpal tunnel is activated by a smal

Nerve conduction studies not only show whether or not the median nerve is impaired at the wris

To treat carpal tunnel syndrome, starting with "conservative" treatment makes sense in most ca

Conservative treatment might additionally include use of anti-inflammatory medications like as

Surgeons can relieve pressure on a pinched median nerve by cutting a constricting, overlying b

In some cases it can be reasonable to try conservative treatments without first confirming the

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