

Title:

Cervical Radiculopathy: Treating a Pinched Nerve in the Neck

Word Count:

840

Summary:

There are numerous treatments for a pinched spinal nerve in the neck. However, rigorous evidence

Keywords:

cervical spine, spinal nerve, radiculopathy, cervical spondylosis, herniated disc, spinal surgery, C

Article Body:

Let's suppose that you have been diagnosed as having a pinched nerve in your neck, also known

If you're a younger adult, the pinch could be due to a herniated (slipped) disc. Discs are the

Let's say that your doctor has evaluated you thoroughly by taking a history of your symptoms a

Now what, indeed. Choosing a treatment for this condition is far from straightforward. Out of

The missing ingredient here is a comparison group of untreated or differently treated individu

Liselott Persson, Carl-Axel Carlsson and Jane Carlsson at the University Hospital of Lund, Swe

How did the study turn out? Three of the subjects who were assigned to surgery refused the pro

So, over the long haul, no treatment was better than the others. Of course, within each group

With this Swedish study representing the only rigorous investigation of treatment outcomes in

Thus, in the care of individual patients there is a yin-yang balancing act between the medical

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