

Title:

Chinese Herbs for Menstrual Pain Relief?

Word Count:

578

Summary:

It has been tried and tested that this ancient method has a lot of benefits to treat symptoms

Keywords:

treat anxiety

Article Body:

It is a gentle art, a fascinating science, and an extremely effective form of therapy that has

Reflexology is an art because much depends on how skillfully the practitioner applies his or her

Research has found that reflexology is not only beneficial as a tool for relaxation and stress

Because reflexology works to put the body in a state of well-being, it is beneficial to every

From side effects of chemotherapy to pain and depression, symptoms associated with cancer and

In 2006, a team of medical school researchers at University of Udine, Italy, reported positive

Studies have also shown that patients that received reflexology treatment after surgery experi

Reflexology is safe, non-invasive, and effective therapy for everyone that can and should be u

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