

Title:

Chronic Fatigue -- The Facts You Should Know

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747

Summary:

There is significant concern about Chronic Fatigue Syndrome, also known as CFS. In fact, there

Keywords:

fatigue, chronic fatigue, chronic fatigue syndrome, chronic fatigue syndrome symptom

Article Body:

There is significant concern about Chronic Fatigue Syndrome, also known as CFS. In fact, there

What is Chronic Fatigue?

The basic definition of Chronic Fatigue Syndrome does not make sufferers feel much better. The

Symptoms

Some of the symptoms associated with Chronic Fatigue Syndrome have been discussed. However, th

Some of the frequent symptoms of Chronic Fatigue Syndrome include:

- Muscle Aches
- Persistent Fatigue
- Intermittent Fatigue
- Depression
- Tiredness
- Headache
- Swollen Lymph nodes
- Depression
- Memory Loss
- Weakness
- Difficulty Concentrating
- Achy Joints

Frequently Chronic Fatigue Syndrome begins during periods when individuals have been sick, und

Diagnosing Chronic Fatigue

Doctors find it very difficult to diagnose Chronic Fatigue Syndrome. The reason why is because

Additionally, researchers and doctors are becoming more aware of Chronic Fatigue Syndrome and

Treatment Options

The treatment options for Chronic Fatigue Syndrome are varied and include alternative as well

Some of the alternative care management options for Chronic Fatigue Syndrome include avoiding

Prescription treatment options for Chronic Fatigue Syndrome have not been approved by the FDA.

Do You Have CFS?

If you are worried you have Chronic Fatigue Syndrome or have some of the above stated symptoms

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