

Title:

Combating The Silent Killer HBP

Word Count:

606

Summary:

It is in the top ten major causes of death everywhere. Supported studies, HBP will have a 60%

It is calculated that 1 out of every 3 individuals have the disease and it is expected to rise

It is comfortable to see that a shift in lifestyle is one of the key answers to this disease.

Few of what we need to pay attention to are diet, rest and medication up to the simple underta

For some reason science will not give intangible solutions to people who have intense attacks,

DIURETICS ~ called water pills are substances that tends to increase the discharge of urine fr

BETA BLOCKERS ~ these are a class of drugs that block beta-adrenergic substances such as adren

ACE INHIBITORS ~ ACE stands for Angiotensin Converting Enzyme, it is a hormone that causes the

ANGIOTENSIN ANTAGONIST ~ as a result of administering ACE, this is a block to angiotensin II h

CALCIUM CHANNEL BLOCKERS ~ are a class of drugs that block the entry of calcium into the musc

ALPHA BLOCKERS(Also called alpha-adrenergic blocking agent.) ~ drug that opposes the excitator

ALPHA BETA BLOCKERS ~ it is just about the same as Alpha blockers but that this works to slow

NERVOUS SYSTEM INHIBITORS ~ relax blood vessels by controlling nerve impulses. This causes the

VASODILATORS ~ is a substance that causes blood vessels in the body to become wider by relaxin

There is naught like prevention- than cure. If you will think about this earnestly, there is

A good healthy diet with low cholesterol ought be preserved in the younger years of life. Pre

Keywords:

silent killer, high blood pressure, prevention, diet

Article Body:

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