

Title:

Conquering the Stigma of a Mental Health Disorder

Word Count:

317

Summary:

Having a family member that is suffering a mental health disorder can be taxing at times. Depre

Keywords:

mental health

Article Body:

Having a family member that is suffering a mental health disorder can be taxing at times. Depre

But if the people around a person with a mental health disorder feels awkward, then what about

Even as seeing a psychiatrist or taking mental health disorder medicines are commonplace nowad

Getting Over the Fear

What mental health disorder patients want is for them to be considered as normal people. Only

As they feel more accepted and happy, they increase the chance of becoming normal. Also, be pr

For the patient, learn and try to accept your condition, do not be afraid of what people will

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