

Title:

Credit Counseling: A Path to Financial Freedom

Word Count:

816

Summary:

The article deals with the issue of consumer debt and how it contributes to stress and anxiety

Keywords:

depression, self-destruction, stress and anxiety, status anxiety, counseling

Article Body:

Living from paycheck to paycheck... getting a loan to pay off another loan... filing of bankrupt

Four years ago, the U.S. Federal Reserve reported that consumer debt had already hit \$1.98 tri

But why do many people fall into debt?

One major reason for indebtedness is uncontrolled spending. The lack of control over spending

The next logical question is, ^Why do people overspend?~ Many people seem to have lost contr

If a neighbor passes by sporting a brand new car, a socially insecure person would might feel

This desire to be seen as good or even better than one's neighbors in terms or social standing

So, how can people stop themselves from committing financial self-destruction? One easy step

Frivolous spending may actually be more than just a case of financial illiteracy or lack of di

Living from paycheck to paycheck...paying one loan after another is surely not the way to live

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