

Title:

Dealing With The After-Effects Of Acne

Word Count:

775

Summary:

Acne can sometimes leave scars behind if not treated properly. These scars can often be difficult to remove.

Keywords:

infection, side effect, inflammation, surgery

Article Body:

Acne, unlike your typical infection, is not something that's over and done with if you manage it properly.

Treating the acne problem properly at the early stages of infection is critical to preventing long-term damage.

- 1 Treat the acne infection as early as possible. This reduces the chances of scars forming.
- 1 Avoid using more than one treatment unless advised by a doctor. Multiple treatments may irritate the skin.
- 1 If your acne is creating cysts, avoid attempting to prick or tamper with them in any way.
- 1 Whenever possible, prevent inflammation. Statistically speaking, areas that have experienced inflammation are more likely to scar.

If you develop acne scars, you would be better off avoiding any sort of treatment you can't tolerate.

There are more than a few ways to fix acne scarring, if you find the need for it. The most common is laser treatment.

Dermabrasion, which involves the use of machinery with diamond-tipped blades to cut away the top layer of skin.

Another option is through the use of pinpoint medical lasers, albeit this is an option that is more expensive.

If the state of your scarring is not that severe or pronounced, a dermatologist can often help you with over-the-counter treatments.

It is also important to be aware that discoloration usually occurs when there is an infection or inflammation.

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