

Title:

Defining the Complexities of Sexual Health

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Summary:

Awareness of sexual health issues is very important. More than just the absence of the disease or

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Article Body:

The youth of today enjoy much freedom when it comes to self-expression as compared to the old. In this sexually-permissive culture, it is important to consider what lies ahead for you and for your future. Awareness of sexual health issues is very important. More than just the absence of the disease, sexual health also deals with problems such as STD, HIV, pregnancy, abortion, infertility, cancer, etc. Do not be deceived by mere appearances. Even the healthiest-looking person can be infected by Sexually Transmitted Diseases are diseases caused by viruses, bacteria and parasites, which can be transmitted through sexual contact. Sometimes, STD takes a long time to display any kind of symptoms. The following are some of the symptoms of STD. Early detection and treatment of STD is very important to avoid serious infections that may lead to long-term health problems. One of the surest ways to avoid STD is by sexual abstinence. But you don't have to be chaste just to avoid STD.

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