

Title:
Depression 411

Word Count:
572

Summary:
On negative thoughts; definition and symptoms of depression; effect of depression in persons t

Keywords:
mental health, depression

Article Body:
Negative thoughts regarding relationships, career, health, and personal issues are considered

By consistently thinking and feeling down, a person might be already experiencing depr

People suffering from this kind of feeling may not seek help from other people, even f

Depression results from a number of factors, depending on the person and his surroundi

Being depressed can really make the person feel bad, inside and out. But by taking the

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