

Title:

Depression Leads To Weight Loss-Gain

Word Count:

423

Summary:

Depression is said to be is one of the severe most condition of life to survive with. Persons

Keywords:

depression, medication, aggressiveness, diet plan

Article Body:

Depression is said to be is one of the severe most condition of life to survive with. Persons

Serotonin is the brain element which helps us stay joyful and happy. Eating carbohydrates help

Fatty acids and antioxidants present in these foods are very helpful to protect brain cells fr

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