

Title:

Depression Linked With Hyperparathyroidism

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643

Summary:

Whether young or old, no one is spared from going down the abyss of depression.

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Article Body:

It doesn't matter who you are, what you do, what you believe in. Whether young or old, no one is spared from going down the abyss of depression. Belfort was 46 when she felt nervous and depressed, exactly the same age when her father had a heart attack. According to Belfort, in science and in psychotherapy, one approaches a problem from different angles. Four years of therapy seemed alright until Belfort suddenly began to feel profoundly depressed. She described the experience as being in "psychic hell", a place where she was unable to eat or sleep. Psychosis was the scariest aspect of Belfort's depression. She didn't realize that the true inner world was inside. While inside, she was stripped of everything that could inflict harm on herself: sharp objects, weapons, and even her own mind. She experienced having been repeatedly strapped to a table and zapped for shocked therapy. But through the help of her psychiatrist, psychopharmacology and talk therapy kept her from re-hospitalization. "The episodes put me back and forth between the real world and the inner world. The turning point in her life came when her psychiatrist had been struck by the sudden onset of psychosis. "When I did, sure enough, I grasped that there might indeed be a significant connection. Four years later, I was diagnosed with hyperparathyroidism. She wondered whether her father also suffered from hyperparathyroidism. She also wondered whether

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