

Title:

Depression: Flesh and Blood Or Thoughts and Emotions?

Word Count:

575

Summary:

There is currently an argument concerning the nature of depression. Some believe it to be a ps

Keywords:

depression, anxiety disorders, performance anxiety, social anxiety

Article Body:

Is depression caused by external factors, or by our own mind and body?

The answer may not be as simple as some would like to believe. The commonly held view is that

Another school of thought in this issue about depression is rooted in biology and biochemistry

There are reports and studies that show depression as being linked to a variety of chemical ch

Psychology may be a major factor in depression, if not the root cause. Studies show that peopl

For the time being, it is difficult to be sure whether depression is a mental condition or a b

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