

Title:

8 Energy Saving Tips

Word Count:

465

Summary:

Our environment is suffering from what we do in our everyday lives. We can take small steps to

Keywords:

energy saving tips, energy saving

Article Body:

Our environment is suffering and our resources are depleting because we use too much of everyt

In a typical U.S. home, appliances and electronics make up about 20% of energy use. The first

Light bulbs: Use energy saving CFLs (Compact Fluorescent Light bulbs) instead of the conventio

Dishes: Never load your dishes in a dishwasher unless they are a full load. Air-dry dishes ins

Laundry: Wash clothes with warm or cold water instead of hot water when you can. Instead of us

Refrigerators: Think of what you want to take out before you open the refrigerator. Leaving th

Take Showers, less Baths: Taking showers instead of baths will reduce water usage and also low

Turn Off all Appliances Not in Use: Turn off all lights, computers, and electronics when they

Weather-Strip Windows and Doors: Check windows and doors for air leaks. Air leaks can be seale

Look for Energy Star label: Energy Star labels are only given when appliances and products mee

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