

Title:

8 Tips to Save Money on Groceries

Word Count:

279

Summary:

Following a few simple tips will have you well on your way to saving a few bucks.

Keywords:

frugal, tips, money, family, groceries, save, living, frugal living, save money, finance, food

Article Body:

The average family's grocery bill is usually one of the higher numbers on the family budget. T

The good news is that this allows for a large amount of savings if we decide to be frugal with

- 1.) Make a meal plan. You'll know exactly what you need from the store before you go.
- 2.) Watch for specials and coupons in store newsletters, and plan your meals around them.
- 3.) Make a list and stick to it. If it's not on the list, don't buy it.
- 4.) Don't shop when you're hungry. That way you won't be tempted to buy things that you do
- 5.) Shop alone. Count on your bill being higher when you bring your spouse or children.
- 6.) Only buy things you know you'll use. For example, if your family doesn't like broccoli
- 7.) Keep your eyes on the items on the bottom shelf where the prices are lower.
- 8.) Buy store brands when the quality is the same. Most of the time, it actually is the sa

It's pretty easy to be frugal once you realize how much money you're actually saving with thes

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