

Title:

Are You A Mostly-Sane WAHM, Too?

Word Count:

850

Summary:

I have a confession.

I'm a mostly-sane WAHM. I'm far from the 'got it together' work at home mom that I'd like to be.

I believe that there are a lot of women out there like me ~ clutching onto your sanity while juggling work and family.

If you've been a WAHM for more than a minute, you know the predicament we face. We chose to work from home.

Keywords:

Article Body:

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I remember the days when I worked out of the home in an office job. I had two separate and distinct spaces.

Now, I have the 'hom-ffice', an odd melding of home and office. The line between the two companies is blurry.

Because of this dilemma, I find that I've got the focus of a gnat. Here's how my work day goes.

I wake up, grab a cup of coffee, and sit in front of the computer to check my email. Fifty new messages.

^Dear Nicole, I was wondering if you might be interested in my new affiliate program selling~

^juice in a sippy cup, pretty please my pretty mommy?~

Whoa!! Ok, brain switch! I turn and look at my little girl who just crawled out of bed. She is hungry.

^Dear Nicole, I was wondering if you might be interested in my new affiliate program selling~

^the new Lego robot I built!~

Brain switch again. I swivel my office chair and see my son, his blue eyes twinkling, and his hands on his stomach.

I swivel back to work, and try to get as much done as I can between the many interruptions, kisses, and hugs.

Are you seeing the pattern? Is there any wonder that I'm mostly-sane? Look at your own days and you'll see.

Despite the frazzled hours and days, and all the distractions, I love being a WAHM. The honest truth is, I do.

However, as I meet more and more work at home moms, it's becoming apparent that I'm not alone in this struggle.

1. Reclaim your office:

If you have one room that you can dedicate to your work, stake your claim on it. Clear out all the clutter.

2. Buy a timer:

If your children are old enough to understand the concept of time, invest in a timer. It's a 1  
Set goals this month to reclaim your work area and your time, and you will take a step closer

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