

Title:

Changing A Nappy

Word Count:

615

Summary:

Congratulations! It's a boy... or a girl... You've imagined those words throughout your nine m

Keywords:

baby, nappy changing, parenting

Article Body:

Congratulations! It's a boy... or a girl... You've imagined those words throughout your nine m

Even after having two little girls I worried about changing my little boy's nappy for the first

So how do you change a baby's nappy? Assuming you are using disposable nappies, as most mums d

Lie your baby on a flat surface, preferably on a soft changing mat; this allows little accident

Advances in technology allow us to keep the wet surface of the nappy away from the baby. Altho

Obviously, a soiled nappy is easier to detect as you can just peep inside; or, more often than

As your baby gets older he will become more wriggly at every nappy change. A good tip is to ha

Remove the old nappy. Wipe the baby's bottom with some cotton wool pads soaked in warm water.

Wipe baby girls from front to back to avoid the risk of cross infection. With baby boys you wi

Creams and talc are unnecessary. Nappies today are so effective at keeping moisture away from

If your baby has nappy rash, and you really feel that cream is required, apply it very thinly

Put the fresh nappy under the baby's bottom, with the sticky seals at the back!

Lift the front of the nappy up over the baby's bottom and fasten it closed. Do not fasten it t

Voila! All Done... until the next one!

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