

Title:

Dead-to-the-World Man Walking

Word Count:

905

Summary:

One morning this week, I woke up with a black eye. How I got it still baffles me. I have my su

Keywords:

SLEEP,GETTING OLDER,WALKING IN SLEEP,TALKING IN SLEEP

Article Body:

One morning this week, I woke up with a black eye. How I got it still baffles me. I have my su

In getting older, I have realized certain things are changing in my body. For example, I now f

On the positive side, walking in my sleep is about the only exercise I really get these days,

Walking in my sleep is not that bad, except for my mysterious black eye.

Not only am I walking in my sleep, but also my wife has accused me of talking in my sleep. Act

Lately, I have talked so much in my sleep I wake up a little horse, which just may explain why

Unfortunately, my talking during the night has kept my wife awake so much; she recently reques

I used to have trouble falling asleep at night. I tried counting sheep but their bleating kept

Each night I try to get in 40 winks but by the time I reach number 33 I lose count and have to

Actually, noises in the night upset me the most. Sleep has a way of bringing out the noise in

For example, as far as we know we have no mice in our house. We have never seen any evidence o

Through the years, I have tried many things to help me get to sleep at night. For some reason

I've tried everything to help me fall asleep at night. Once I placed my shoes and socks right

No matter when I go to bed nor how long I have slept, I always need just one minute more of sl

My wife, trying to assist me in my nocturnal dilemma, suggested I try some hot cocoa right bef

I am reminded of a verse of scripture that addresses this subject. David, the Psalmist observe

And then, who could overlook Psalms 121:3-4 (KJV), "He [God] will not suffer thy foot to be mo

Now, back to my black eye. I really have no recollection of how this happened. My wife has tri

I'm not in any position to question her, but I noticed she was rubbing her right fist most ten

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