

Title:

Disaster Preparedness: The Essentials Of Emergency Supplies

Word Count:

605

Summary:

Whether it's earthquake, flood, tornado, hurricane, or brush fire, we're all encouraged to be

Before disaster strikes

Although you can't always know in advance when a particular disaster will strike, seasonal or

Keywords:

emergency supplies, disaster supplies, supplies, first aid, safety, safety supplies

Article Body:

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Water: You should store at least one gallon of water per person per day, for a minimum of three

To be prepared with the safest emergency supply, it is recommended you purchase commercially b

Food: Include a three-day supply of non-perishable food per person, avoiding items that will m

Individuals with special diets and allergies will need particular attention, as will babies, t

Other Emergency Supplies: Include these items in your emergency kit.

-Emergency Radio

-Emergency Sanitation Supplies

-Kitchen accessories and cooking utensils, including a can opener

-Shovel and other useful tools

-Emergency Lighting

-Household liquid bleach to treat drinking water

-Money and matches in a waterproof container

-Fire extinguisher

-Gas and Water Shut off Tools

-First aid kit and manual

-Photocopies of credit and identification cards

-Special needs items, such as eye glasses, contact lens solutions, and hearing aid batteries

-Items for infants, such as formula, diapers, bottles, and pacifiers

-Other items to meet your unique family needs

Clothing: If you live in a cold climate, you must think about warmth since you may be without

-Jacket or coat

-Long pants

-Long sleeve shirt

-Sturdy shoes

-Hat, mittens, and scarf

-Sleeping bag or warm blanket

Storage: Just as important as putting your supplies together is maintaining them so they are s

-Keep canned foods in a cool dry place.

- Store boxed food in tightly closed plastic or metal containers to protect from pests and to e
- Throw out any canned good that becomes swollen, dented, or corroded.
- Change stored food and water supplies every six months. Be sure to write the storage date on
- Re-think your needs every year and update your kit as your family needs change.
- Keep items in airtight plastic bags and put your entire disaster supplies kit in one or two e

Ensure you are ready for future events by restocking your emergency supply kits now. Then, if

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