

Title:

Finding the Right Birth Control

Word Count:

430

Summary:

There are many different options for birth control, which gives different couples many different

Keywords:

birth control

Article Body:

There are many different options for birth control, which gives different couples many different

1. Abstinence: This is the decision not to have any sexual relations, period. This arrangement
2. Male Condoms: If the condoms are always used properly by the male partner, then the chances
3. Female Condoms: This is a pouch with flexible rings that is inserted like a diaphragm.
4. Diaphragms, Caps & Shields: These are different types of either latex or silicone barriers.
5. Cycle Schedule: With a little study a woman can figure out the times of the month when

These are all viable options, though aside from abstinence the best way to avoid an unwanted pregnancy

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