

Title:

How To Schedule But Not Over-Schedule Your Children

Word Count:

456

Summary:

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Many well meaning parents set out to interest their children in a few extra curricular activities

It's natural to work hard to be the best parent that you can be. However, many parents so caught

Keywords:

Article Body:

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Realistically however, over-scheduling your children has the potential to impact your family in

Parents nowadays are excited to schedule their children for as many activities as possible, but

Not surprisingly, this pattern of over-scheduling can backfire, and leave kids exhausted, confused

Remember in times of old scheduling activities was virtually unheard of. Parents traditionally

So how do you encourage your children to get involved without over-burdening them?

Here are some tips from experienced parents:

Schedule One Activity Per Season ~ if you are interested in getting your children involved in

Allow Your Children a Choice ~ you want to try as best as possible to select activities your children

Allow Quiet Time ~ allow some portion of the day/week/month where your children don't have to

We are all well meaning parents in the long run. Just remember that a good parent isn't defined

A good parent is one that allows their children the opportunity to explore many different things

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