

Title:

Indoor Air Pollution, and its effect on your health

Word Count:

452

Summary:

Begin by thinking of your home as a toxic waste dump. The average home today contains 62 toxic chemicals. More than 72,000 synthetic chemicals have been produced since WW II. Less than 2% of synthetic chemicals are regulated.

Keywords:

healthy house, prescription for a healthy house, indoor air pollution, what cause indoor air pollution

Article Body:

Another EPA study stated that the toxic chemicals in household cleaners are 3 times more likely to cause cancer than those in food.

The National Cancer Association released the results of a 15-year study concluding that women who use household cleaners are 3 times more likely to get cancer.

Chemicals get into our body through inhalation, ingestion and absorption. We breathe 10 to 20 liters of air every minute.

Labeling laws do not protect the consumer - they protect big business. The New York Poison Commission found that 80% of household products are not properly labeled.

The National Institute of Occupational Safety and Health has found more than 2500 chemicals in the home.

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