

Title:

Kitchen Shortcuts for Busy Families

Word Count:

412

Summary:

Do you need to save some time in the kitchen, but are not quite ready to tackle a lot of freez

Keywords:

kitchen, meal, meals, cook, cooking, family, dinner, freezer

Article Body:

Do you need to save some time in the kitchen, but are not quite ready to tackle a lot of freez

Most of the meals my family eats start with the basics, like chicken and beef. A lot o

As our lives have gotten busier, we have definitely learned to simplify our meals. I a

Make vegetables the easy way. Most dishes are even better when veggies are thrown into

There are plenty of ways to save you time in the kitchen, and spend a little more time

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