

Title:

Saving Energy in the Kitchen

Word Count:

311

Summary:

The kitchen, with all its appliances, gadgets and heat, is a real hotspot for potential energy

Keywords:

Kitchen, Save Energy, Save Money, Trash Talk book

Article Body:

The kitchen, with all its appliances, gadgets and heat, is a real hotspot for potential energy

For instance, when baking cookies use two trays. While one is in the oven baking, the other o

By turning off the oven a minute or two before the dish is done, the residual heat will

Pasta cooking water can be left out until it has completely cooled ~ so that the heat and mois

In summer, consider cooking on the barbecue to help keep the house cool. Most barbecues now in

All these methods are relatively easy to adopt and when added up, the savings in energy and ti

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