

Title:

The Five Best Gifts to Give Your Family

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748

Summary:

When we think of giving gifts, we usually think of things to buy for people. Yet if you think

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Article Body:

When we think of giving gifts, we usually think of things to buy for people. Yet if you think

There are five gifts of love that we can give to our families that can make a huge difference

#### THE GIFT OF CARING AND COMPASSION

We all yearn to feel cared for, yet many of us withhold caring and compassion for others. A pr

Think about the last time someone actually listened to you and gave you understanding and accep

#### THE GIFT OF COURAGE

One of the best gifts we can give our loved ones is our own courage. This means being having t

When we have the courage to face conflict and tell the truth, we not only provide our family w

#### THE GIFT OF SERVICE

We are on this planet to learn to love ourselves and each other, and to help each other. One o

#### THE GIFT OF CREATIVITY

All of us are born with various ways of expressing our creativity. Expressing creativity is a

#### THE GIFT OF LIGHTNESS OF BEING

Lightness of being ~ fun, joy, laughter, playfulness ~ is a great gift to give to others. Ligh

Lightness of being is one the results of all the other gifts ~ of caring, courage, service and

We need to focus of giving these gifts each day, not just during a holiday season or special o

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