

Title:

Walk On The Bright Side To Grow Your Internet Business

Word Count:

537

Summary:

Walking is good for you ~ physically and psychologically. Walking can be great for your Internet

Keywords:

affiliate marketing, blog profits, affiliate marketing coach, article writing, internet market

Article Body:

You regularly hear about the physical benefits of walking. It strengthens your bones, your muscles

Walking also has psychological benefits for you. It is mood-enhancing and can help combat depression

You will often hear that you should go for a walk to clear your head, empty the clutter from your mind

Walking, however, can fill your mind ~ through walking you can create new ideas, gain new insights

Recent research has shown that physical activity, such as walking, can help ward off Alzheimer's disease

So when you walk you are creating new physical connections in your brain that in turn help you think

Often the solution to growth of your Internet business and income is right before your eyes, but you don't see it

Walking gives a clarity of vision and insight that puts things in a new light ~ even things that you've seen before

It is these new connections, intuitive understanding and creative insight that can make a real difference

For example, I have discovered the following ideas and insights through walking:

- a viral report that I could develop from my own articles and ebooks/software for which I had already written
- a series of articles around a theme
- a theme, focus and ideas for an e-book that will integrate resources I have acquired and my own experiences
- ways to increase my opt-in mailing list through my blog and existing resources in my download area
- multiple, reinforcing strategies for generating visitors to my blog
- ways to link my mailing list and my blog postings
- how to use my blog to simultaneously promote multiple programs
- ways to link my blogs to cross~promote and create a blog ring
- how to use ebooks and software from JV Giveaways to create an integrated info product
- how to use my blog and resources I already have to develop a pull marketing vs. a push marketing strategy
- ways to link my professional consulting in e-learning with my Internet business
- the theme for this article which draws on my own experience with walking and ideas expressed in my previous work

You too can gain new understanding, ideas, insights, and perspectives to grow your Internet business

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