

Title:

10 Basketball Skills You should Learn

Word Count:

383

Summary:

Learning how to play basketball is learning its fundamentals. Here are those:

Keywords:

sport, basketball, basketball plays, history of basketball, basketball court dimensions, basket

Article Body:

Learning how to play basketball is learning its fundamentals. Here are those:

1. Dribbling - is important to penetrate to the hoop, move the ball across the court, get
  - change-of-pace,
  - crossover dribble,
  - behind the back,
  - pull back dribble,
  - low dribble,
  - basic dribble,
  - between the legs dribble
2. Passing - A good offensive attack requires good passing from players. This helps find
  - Overhead Pass
  - Chest Pass
  - Push Pass
  - Baseball Pass
  - Off-the-Dribble Pass
  - Bounce Pass
3. Shooting - The object of the game is to win by scoring the most points. Therefore, imp
  - Jump Shot
  - Dunk
  - Alley oop
  - Free throw
  - Layup
  - Three-Point Shot
  - Hook Shot
4. Rebounding - is essential to gain or regain possession after the shot. Usually, the te
5. Offense - is the only chance that the team has a shot at the basket and scoring. Playi
6. Defense - To be able to get a chance to score and gain possession, the team should pla
7. Moves - There are different kinds of basketball moves that are important in executin
8. Violations - Knowing the kinds of basketball violations improves your game.
9. Assist - is given to a teammate to help him score easily. Thus is it important to find
10. Foul - is often an accidental contact made by the defender to his opponent or an aggre

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