

Title:

Backpacking Boots?

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558

Summary:

Why not take off those heavy, hot backpacking boots and hike in comfort on your next backpacking

Keywords:

backpacking boots, running shoes, hiking shoes, backpacking

Article Body:

Backpacking boots or any of the traditional hiking boots may have their place. That place just

Backpacking or hiking boots are heavy, hot, stinky, and stay wet forever. Decent running shoes

Backpacking Boots And Ankle Support

Some backpackers argue for the necessity of ankle support, but throughout history people managed

While some may really need hiking boots, why not be sure your ankle problems are not just due

Why Running Shoes?

Your feet will stay cooler in a good running shoes than in hiking boots, and this means fewer

For socks, I have used nothing but thin nylon dress socks for years. They are cheap, and they

Unless you have size 13 feet, you should be able to find good running or hiking shoes that are

The higher quality shoes have soles stitched to the uppers. Look under the insoles to check the

Until you try it, you won't know how liberating it is to ditch the heavy pack and heavy boots

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