

Title:

Beginner Triathlete-Novice Ironman--Don't Expect Bike Magic

Word Count:

704

Summary:

In preparing to take on the challenge of a first Ironman, I believe far too many athletes put

Somewhere along the Ironman trail, many athletes have come to believe that the lighter, and mo

Nothing could be further from the truth. For example: You could put one athlete on a \$10,000 b

Keywords:

bike magic, Ironman, Ironman triathlon, bike

Article Body:

In preparing to take on the challenge of a first Ironman, I believe far too many athletes put

Somewhere along the Ironman trail, many athletes have come to believe that the lighter, and mo

Nothing could be further from the truth. For example: You could put one athlete on a \$10,000 b

Take another athlete and put him on a \$800 reliable, average weight, used bike fitted with pro

Don't get all wrapped up in taking out a second mortgage so you can buy that "special" bike th

First of all you've most likely been bashed around for an hour or so in a wild free-for-all sw

Your bike is just a small part of the Ironman equation. Don't get too wrapped up in light and

I had my best bike leg ever and my first thought was to fix up the old bike and keep racing it

For some reason, a bike will just suit you. It suits your style, ability and "fits" you like t

I've raced on more than one high-end bike that I was just never comfortable on, no matter how

Believe me, its not so cool when these same athletes pass you out on the course with those dre

Every time you hear that, you will want to sink further and further into your bike seat. You w

To save yourself a ton of embarrassment and humiliation, be sure that your ability matches the

All my bikes are gone now, except for one. That same old bike is in my living room on a wind-t

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>