

Title:

Bird Watching Basics

Word Count:

380

Summary:

Bird watching or birding is a very popular hobby that includes the observation and study of birds.

For many people bird watching is an opportunity to feel close to nature. They also enjoy the relaxation and peace that comes with watching birds.

Keywords:

birding, birdwatching, bird watching, birds

Article Body:

Bird watching or birding is a very popular hobby that includes the observation and study of birds.

For many people bird watching is an opportunity to feel close to nature. They also enjoy the relaxation and peace that comes with watching birds.

Most birders start out by watching and attracting birds to their own backyards. Bird feeding can be a great way to get started.

Once you start feeding birds, you'll probably want to identify who is coming to visit. Equipment like binoculars and field guides are essential.

Field guides are books with pictures and descriptions of the birds. A field guide shows birds in their natural habitats and provides information on their behavior and distribution.

Binoculars are described by two numbers: 8x32 for example. The first number tells you the magnification and the second number tells you the objective lens diameter.

The next step is to broaden your birding experience beyond your own backyard. Plan a trip to a local birding spot or join a birding club.

And don't forget to join a local birding club. Clubs organize field trips, show films of good birding, and provide a great way to meet other birders.

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