

Title:

Dwayne Bryant's 2006 NFC West Preview

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Summary:

Bullseye-Sports.com's Dwayne Bryant gives his thoughts and predictions on the NFL's NFC West division.

Keywords:

nfl football, 2006 nfl preview, nfl football predictions, nfl football handicapping, nfl football

Article Body:

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<b>1. SEATTLE SEAHAWKS</b>

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<b>Offense:</b> The reigning NFC Champions took a major step toward repeating when they re-sign

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<b>Defense:</b> This unit was seventh in the league in 2005, allowing just 16.9 points per game.

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<b>Special Teams:</b> The return game needs improvement. Josh Scobey averaged just 22.5 yards

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<b>Prediction:</b> The offense should produce again, provided Hutchinson's replacement is adequate.

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<b>2. ARIZONA CARDINALS</b>

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<b>Offense:</b> One of the biggest offseason moves was RB Edgerrin James coming over from the

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<b>Defense:</b> The good news is, Arizona ranked eighth in the league in yards allowed in 2005.

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<b>Special Teams:</b> Neil Rackers had a monster 2005 season, hitting an amazing 40 of 42 FG attempts.

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<b>Prediction:</b> This team is full of promise. Improvement is inevitable with a proven winner.

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<b>3. ST. LOUIS RAMS</b>

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<b>Offense:</b> Gone is Mike Martz's pass-happy attack. Enter new coach Scott Linehan, who'll

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<b>Defense:</b> Pathetic. Horrible. Just plain awful. Say it however you'd like, this unit was

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<b>Special Teams:</b> The numbers say it all: 23rd in kickoff returns, 29th in punt returns, 2

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<b>Prediction:</b> New coaches. New scheme. These things take time to run efficiently. And too

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<b>4. SAN FRANCISCO 49ERS</b>

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<b>Offense:</b> QBs go through growing pains their first couple of seasons in the league, but

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<b>Defense:</b> Mike Nolan switched this team to the 3-4 defense last season, mostly because h

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<b>Special Teams:</b> Otis Amey's 75-yard punt-return TD was the lone bright spot on what was

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<b>Prediction:</b> New offensive coordinator Norv Turner has a history of success with his RBs

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<b>FINAL THOUGHTS:</b> The Seahawks, barring major injuries, will walk away with the division

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