

Title:

Enjoy Bowling in Fun Easy Ways

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448

Summary:

Bowling amateurs as well as professionals agree on one thing about the game. Bowling relieves

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Article Body:

Bowling amateurs as well as professionals agree on one thing about the game. Bowling relieves

1. Experiment with different kinds of bowling balls. Try the different weights, size, and color.
2. If playing bowling is turning out to be a passion, purchase a custom made bowling ball; one that is made for you.
3. Buy a bowling bag that is comfortable and has a good grip.
4. Choose bowling shoes that fit perfectly and do not pinch the toes. Avoid slippery soled shoes.
5. Begin by placing the feet at the start of the alley for this affects the ball's direction.
6. To attain perfect balance, right-handed players step with their right foot first when they start.
7. Practice doing the steps slowly and visualize a ball in your hand. It will be helpful to do this.
8. Always aim at the head pin. Look at the balls closely and concentrate on hitting the target.
9. Bend the knees when releasing the ball as this creates ball control.
10. Avoid turning the wrist to prevent fracture.
11. Wipe the ball as often as needed to keep it dry.

No matter how when a player started bowling, it is the passion and the sense of fun that leads

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