

Title:

How to Choose Bowling Equipment

Word Count:

397

Summary:

When bowling, one must use the proper equipment to achieve the best results. It is a fun game,

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Article Body:

When bowling, one must use the proper equipment to achieve the best results. It is a fun game,

Here are some tips on how to properly choose bowling equipment:

Bowling Ball

Bowling balls are the heart of the game of bowling. Bowling balls can make one's game or break

-A bowler must make sure that he is using the right kind of ball. Right-handed players should

-As a general rule, people can use balls which weight up to 10% of their total body weight. A

Wrist support

A bowler may choose to use a wrist support when bowling. This equipment trains the wrist to be

Shoes

Having the right kind of shoes in bowling is an advantage. Shoes which are rented in bowling a

There is other equipment that is available for bowling fanatics:

-Bowling pins -Bowling gloves -Bowling bags

One must remember that having the right equipment is not the key to true success in bowling. Y

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