

Title:

How to Execute Screen Play

Word Count:

406

Summary:

Learning the fundamentals of a screen play is an important skill to improve your offensive game.

Keywords:

sport, basketball, basketball plays, history of basketball, basketball court dimensions, basketball

Article Body:

Learning the fundamentals of a screen play is an important skill to improve your offensive game.

There are 2 important elements in executing a good screen play: the one setting the screen and the one receiving the pass.

First, the player who sets the screen should assume a stance by standing in the position where the receiver will be.

Then, the setter of the screen should establish a position and hold a proper angle and wait for the receiver.

It is important to make sure that the play is timed perfectly. Too early would mean that the receiver will be closed out.

Once the cut has been made, both the setter and the receiver will be open and a switch will be made.

Here are the different types of screens:

1. Back Screen
2. Ball Screen
3. Cross Screen
4. Down Screen

Here are the different types of cuts

1. Fade Cut
2. Back Cut
3. Wing Cut
4. Curl Cut

When used properly, the screen play will make a good offensive play and will likely be one of the most effective.

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>