

Title:

Softball Bat: What Is The Right Bat For You?

Word Count:

554

Summary:

You can see them all around the Softball park, swinging their bats, hitting at imaginary targets.

How to pick the right bat?

The Length

To pick the correct bat length, the bat should be long enough to reach your wrist when you are standing.

Keywords:

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Article Body:

You can see them all around the Softball park, swinging their bats, hitting at imaginary targets.

How to pick the right bat?

The Length

To pick the correct bat length, the bat should be long enough to reach your wrist when you are standing.

The Weight

Every softball player has his own individual requirement especially when it comes to carrying a bat.

Whatever the case, always take a bat that is light. Lighter bats can be swung faster and the more power you can generate.

Having said that, here are ways to pick legal bats.

Advancement in technology has created bats where the softball bats can fit and be comfortably held.

The BTF or the Bat Performance Factor has to be 1.20 certified.

The Ball to Exit Ratio has to have a 97-MPH BESR on a normally thrown pitch.

The bats must have a smooth safety grip not just tapes.

The ideal softball bat in the hands of a good player translates to the game Americans love. To be successful, you must be able to swing the bat.

Loosen up. Twist back and forth, bend up and down, do a stationary jog, do anything to loosen up.

Use a carbon based softball bat. Carbons perform better than aluminum.

When you are batting, distribute your weight on both feet. When the ball is in the level between your feet, you are in a better position to swing.

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