

Title:

Better Speed Reading Techniques

Word Count:

559

Summary:

Research shows that there is a big relationship between reading rate and reading comprehension.

Some people read rapidly and comprehend well; others read slowly and comprehend badly. Thus, the

Good comprehension depends on whether you can extract and retain the important ideas that you

Keywords:

Article Body:

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Good comprehension depends on whether you can extract and retain the important ideas that you

If you pair fast-reading with worrying about comprehension, your reading speed will drop because

But, if you concentrate on the purpose of reading (locating main ideas and finding answers to
Comprehension

Comprehension during speed reading is easier than during standard reading.

This is because the mind is busy looking for meaning, not rereading words and sentences.

The average reader spends about 1/6th of the time rereading words than actually reading them.

Rereading interrupts the flow of comprehension and slows down the process, that's why the habit

How to comprehend easily?

Scan the chapter first. Identify the sections to which the author devotes the most amount of space.

If you're really under time pressure, you can skip the sections to which the least amount of space

Take note on headings and read the first sentence of every paragraph more carefully than the rest.

Then, close the book and ask yourself what you now know about the subject that you didn't know

Reducing Skip Backs

Important: Don't reread the same phrases from the text!

Poor readers read and reread the same phrase over and over again.

This habit of making "regressions" doubles or worse triples reading time and often does not even

It is best to work on paying closer attention and doing a preview first before the careful reading.

To help reduce the number of times that the eyes goes back to a previous word or sentence, run

Your eyes will follow the tip of your pointer, smoothing the flow of speed reading. The speed

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