

Title:

Do You Ever Wish You Could Just Keep Up With Your Reading?

Word Count:

321

Summary:

How many times have you looked at your stack of reading materials, and felt overwhelmed? Most

All this information has made becoming a speed-reader a necessity for those who want to stay o

Evelyn W...

Keywords:

Article Body:

How many times have you looked at your stack of reading materials, and felt overwhelmed? Most

All this information has made becoming a speed-reader a necessity for those who want to stay o

Evelyn Wood developed speed-reading, in 1959. Currently, there are a wide variety of classes a

Here are five quick steps you can use right now to increase your reading speed and comprehensi

1.Prepare to read- set aside some time in a distraction-free environment. Find a comfortable s

2.Overview the material- look at the titles and subtitles. Ask yourself,~ Why am I reading thi

3.Preview- read the introduction, and the first sentence of each paragraph. Determine what the

4.Read Actively-Underline the main points, mark any areas that are significant to you. Take no

5.Finally, relate what you are reading to what you already know. This will put everything in o

Speed-reading is a skill that is built up over time. If you begin to practice it, even for 15

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