

Title:

School Based Mental Health Services Reduce School Violence

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964

Summary:

We live in a complicated world requiring complex skills. We must prepare our children to cope

When children and teens are focused on problems at home or within themselves, they often do not

Keywords:

school, mental health, violence, youth, juvenile, teen, prevention, aggression, students, behavior

Article Body:

We live in a complicated world requiring complex skills. We must prepare our children to cope

When children and teens are focused on problems at home or within themselves, they often do not

Approximately 1 in 5 children & adolescents (20%) experience the signs and symptoms of a mental health

To assess the effectiveness of school based mental health (SBMH) services in reducing emotional and behavioral

The project began in 1999 with a Federal grant to the school district and the project is ongoing

From 1999 to 2004, 36% youth were referred because of symptoms of depression, 26% because of f

A group of 632 students who participated in the program showed significantly improved attitudes

Students had a significant (40%) decrease in disciplinary referrals when compared to non-participating

Evaluation of the success of the program revealed several key components. One important component

Funding for the project came from mental health third party billing and grant funding. Supplemental

In a time when all programs are struggling to cope with funding cuts, collaborative programs, such as

This project demonstrated that school based mental health services improved student well-being

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