

Title:

Speed Reading Basics

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834

Summary:

Speed reading is vital in today's business and academic world, with the vast information that

In the last forty years there has a been an explosion of information, we are living the inform

Keywords:

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Article Body:

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Most of the people who attend speed reading courses and classes have some kind of problem, or

Lack of concentration or partial/impaired concentration is an obvious problem for speed reading

Poor eye movement may cause some readers to shift their eyes to other directions and than go b

Short attention span is a clear problem, almost everyone knows this problem, you start strong

Reading by heart, when a person reads to himself (muttering the words or even reading out load

Delayed reaction to information and material ~ This delay often comes from inattention, reading

So what can you do to increase your reading skills? Do you really need to try speed reading yo

To try and read faster, here are a few tips that would get you going. Think of reading as a `p

One major key in speed reading is filtering out all the words that has nothing to do with the

Practicing time reading is also good, set up a timer and see how much you read in one minute,

Train yourself to read more quickly by forced timing. If you are a runner, training for a race

Set a timer and run a reading race every day for two to four weeks. You do not have to spend m

Practice makes perfect, and this is the most basic thing you can do to increase your reading s

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