

Title:

Top Ten Reasons To Hire A Personal Coach

Word Count:

962

Summary:

Have you considered hiring a personal coach? Jack Canfield, in The Success Principles says hiring a coach can help you achieve your goals.

1. A coach can help you clarify your vision and goals. If you have a sense that what you are doing is not working, a coach can help you clarify your vision and goals.
2. A coach can support you through your difficult times. Sometimes,...

Keywords:

coaching, career coaching, success, goals, goal attainment

Article Body:

Have you considered hiring a personal coach? Jack Canfield, in The Success Principles says hiring a coach can help you achieve your goals.

1. A coach can help you clarify your vision and goals. If you have a sense that what you are doing is not working, a coach can help you clarify your vision and goals.
2. A coach can support you through your difficult times. Sometimes, we just need someone to talk to.
3. A coach can help you develop momentum. How many times have you started something, felt good, and then stopped? A coach can help you develop momentum.
4. A coach can help you stay on track and be focused. Have you ever let the little, unimportant things get in the way of your goals? A coach can help you stay on track and be focused.
5. A coach can help you take an objective look at exactly what you have been doing. A good coach can help you take an objective look at exactly what you have been doing.
6. A coach may help you identify both effective and destructive behavior patterns that you may not be aware of.
7. A coach will hold you accountable for the goals you set. A coach is not a babysitter. When you set a goal, a coach will hold you accountable for it.
8. A coach can show you how to accomplish more by working less. Coaches are adept at teaching you how to accomplish more by working less.
9. A coach can help you discover your true passion. Do you ever wonder about your unique abilities? A coach can help you discover your true passion.
10. A coach can help you identify your core values and show you how to live in synergy with them.

This is not a plea for you to hire me, necessarily, although I would be willing to discuss that.

I know. After I left my 9 to 5 job to begin my coaching career, I floundered around for six months.

I now am employing two coaches---one to help me build my business and the other to help me write.

Regarding the right match, I do believe that this is important which is why I'm saying this is important.

If you'd like further information about coaching, visit [www.CoachingforExcellence.biz](http://www.CoachingforExcellence.biz) and check out my phone number (708) 957-6047.

If you are serious about taking your life to the next level, hire a personal coach. A coach can help you achieve your goals.

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